










WEEK 1 MENU

W/C: 30/10 , 20/11 , 11/12 , 08/01 , 29/01 , 19/02 , 11/03 , 01/04

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Veggie Chow Mein  	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Buffalo Chicken Served with Crispy Spiced Potatoes and Ranch Dressing	Feta and Beetroot Burger  Served with Chipotle Wedges and Salad
WED	Crispy Chicken Masala Slider Served with Chipotle Wedges and Vegetables	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada   Served with American Slaw
FRI	Southern Fried Chicken Goujons Served with Wedges ,Peas or Baked Beans	Mac and Cheese Pot  Garlic and Herb Wedge


WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Cheese and Pickle Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Tuna and Salad Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis and Freshly Baked Pizza
Pasta & Sauces
Jacket Potato and Toppings
Love Joe 's Mexican Burrito


WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 26/02, 18/03, 08/04

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	Vegetarian Mexican Tortilla Pie    Served with Wholegrain Rice and Vegetables	Veggie Cottage Pie  Served with Carrots and Peas
TUE	Southern Fried Chicken Katsu  Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry    Served with Wholegrain Rice and Vegetables
WED	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Blackeye Bean Burger  Wedges and Peas
THUR	Chicken and Vegetable Tikka Masala   Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma    Served with Wholegrain Rice and Sweetcorn
FRI	Southern Fried Chicken Goujons Served with Wedges Peas and Baked Beans	The Veggie Dog  Served with Wedges Peas and Baked Beans

WEEKLY SPECIAL

• Moroccan Chicken Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Egg Mayo Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 
 Chicken Tikka Sandwich
 Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
 Pepper and Houmous Wrap  

HOT DISHES:

Paninis and Freshly Baked Pizza
 Pasta & Sauces
 Jacket Potato and Toppings
 Love Joe's Mexican Burrito



















WEEK 3 MENU

W/C: 13/11 , 04/12 , 22/01 , 12/02 , 04/03 , 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chickpea and Vegetable Jalfrezi    Served with Wholegrain Rice	Cauliflower Mac'n'Cheese    Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl   Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli    Served with Wholegrain Rice and Peas
WED	Sloppy Joe Burger Wedges and Peas	Louisiana Soul Bowl   Served with Mexican Yellow Rice and American Slaw
THUR	Sticky Chicken and Vegetable Noodles 	Sweet and Sour Vegetables    Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons Served with Wedges Peas or Baked Beans	Mexican Loaded Wedges  Served with Peas and Baked Beans



WEEKLY SPECIAL

- Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Cheese and Pickle Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 
 Ham Baguette
 Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
 Pepper and Houmous Wrap  

HOT DISHES:

Paninis and Freshly Baked Pizza
 Pasta & Sauces
 Jacket Potato and Toppings
 Love Joe 's Mexican Burrito